

**JOURNAL OF THE JAPANESE RED CROSS
JUNIOR COLLEGE OF AKITA**

No. 10 2005

ORIGINAL

**On the usefulness of Japan Red Cross Health Gymnastics Program composed
of music and gymnastics and its effects on healthy elderly people 1**

Keizo SHIGEKAWA

**Music Therapy: (3) Emotion, Memory, Brain Wave (EEG) and Frequency
Band of Music 9**

Shigeru KIMURA, Hiroyuki TOMINO

REPORT

**On Stress Factor Analysis for the International Activities of the Japanese Red
Cross Delegates.....23**

Kazuki SAITO, Jun MAEDA, Mariko MARUYAMA

**Effects on the student's Learning with Guided Experience as related by a
disabled child's Mother.33**

Asako OKUYAMA

**The Present State and Issues Concerning Clinical Training at Medical Care
Centers - from Interviews with clinical trainers undergoing first-time training
and hospital ward administrators-39**

Emi OOTAKA, Satuko SATOU, Mieko SATOU

Field Survey on Lessons for "Bed Making" in Nursing Basic Education49

Nobuko KOSAKA, Rieko SASAKI, Shiho SAKAI

**Development of Mother-Child Relation: On Early Adolescence and Present
Self-esteem59**

Eiko ITOU

**Report on the music therapy demonstration and other activities in 2004 (H.16)
.....69**

Music therapy : report on activities in 2004 (H.16)71